

Name	Dr. Milan Chaulagain
Training year/stage	1 st /stage I
Head of Department	Dr. Nikunja Yogi
Host Unit	King's College Hospital, NHS, Denmark Hill, London
UK Supervising Consultant	Mr. Bassel Zebian
Starting date	30 th June 2026
Duration of attachment	6 weeks
Trainee Report: 100-150 words	I am deeply grateful to the SBNS Bursary Committee for sponsoring my six-week observership at King's College Hospital, London, from June 30th to August 7th. I observed a variety of neurosurgical procedures, including cranial, spinal, and cerebrovascular surgeries, and actively joined outpatient clinics, multidisciplinary meetings, and preoperative discussions. A highlight was participating in neurosurgery simulation programs, where I practiced technical skills in a safe environment. I also gained valuable insight into the hospital's healthcare system—learning about referral pathways, resource management, and team coordination behind the scenes. The warmth and teamwork of the department left a lasting impression. I am especially thankful to my supervising consultant and the entire team for their guidance and support. This experience has strengthened my confidence and skills as I return to Nepal, committed to serving my patients with greater competence and compassion.

