



ORAL POSTER GUIDELINES

All posters must be uploaded by **21 September**

If you wish to withdraw or are unable to present, please notify the office as soon as possible.

PREPARING YOUR POSTER PDF

- The **poster title** must be identical to the submitted **abstract title**.
- Do not reproduce your abstract. Instead, highlight and expand on the key findings.
- Keep text to a minimum (maximum 400 words).
- You do not need to follow the traditional Introduction, Methods, Results and Discussion format.
- Use a white background, clear text and a limited colour palette.
- Make the main finding immediately visible.
- Use a black sans-serif font, such as Arial or Gill Sans, with a minimum font size of 16 pt.
- Use larger, bold type for the title and section headings.
- Include references only where necessary.
- Proofread your poster carefully for spelling, typographical and formatting errors.
- It should be saved as a **A0 Pdf file in Portrait format**.

UPLOADING YOUR POSTER

Posters must be submitted by **the submitter of the original abstract** via the Oxford Abstracts link below <https://app.oxfordabstracts.com/> as a **A0 Pdf file** no later than **21st September**. Posters not received by this deadline will be excluded from the programme.

AT THE MEETING

It is advisable to visit the poster boards before your session to check poster has uploaded correctly. Posters will be displayed throughout the meeting in the Exhibition Area (avoid times when a session is taking place).

PRESENTING YOUR POSTER

Each presenter has **3 minutes**: 2 minutes for the presentation - 1 minute for questions. Please rehearse your presentation in advance to ensure you stay within your allotted time. Please arrive at the poster area a few minutes before your session starts. The Chair will call your name when it is time to present. Several sessions will run simultaneously, and audience members will be provided with headphones to listen to the presentation of their choice.

PUBLICATION

Poster presented at the meeting will be published in the British Journal of Neurosurgery by title only after the meeting.

If you have any questions before or during the meeting, please contact Suzanne Murray at admin@sbns.org.uk or Carole Turner at clt29@medschl.cam.ac.uk